



*The newsletter of the University of California  
Cooperative Extension 4-H Youth Development Program,  
Santa Clara County*

*Mission: The University of California 4-H Youth and  
Development Program engages youth in reaching their fullest  
potential while advancing the field of youth and development*

### Sloppy Joe's!

by Lauren Oliver  
Pleasant Acres 4H

Recently in a 4H cooking project, I learned how to make Sloppy Joe's. We learned about the basis of a good meal, which includes 5 food groups: Dairy, Meat, Fruit, Vegetable, and Pasta & Breads. I was also taught about cross contamination, and how to prevent it by washing our hands. We worked on the stove and learned how to brown meat. In the end, we all knew much more about cooking, and left with a happy full stomach. My mother later suggested a Kids Cook Night, and my friend and I cooked Sloppy Joe's for our families. I love them so much, that I decided to have them for my birthday dinner! I learned a lot in the 4H cooking project this month, and am looking forward to new recipes!

### Project Inspire

By Megan McKinney

Some members from the bee keeping project went to the [San Jose History Park](#) on Saturday December 11<sup>th</sup> and painted a mural for the park. There were hundreds of people there working together to improve the park. It was amazing to see. Some people were building benches, some were painting the buildings, and some were painting murals (like us). Many people were so enthusiastic about helping to improve the park. I was impressed by how many people came to help, and how much work we got done. It felt good to be a part of this big project. If you go to the park, you will notice how much improved it looks. It was a lot of fun.

### Rolling Hills Donates to HSSV

Elise MacKay

Members of the Rolling Hills dog project home-baked dog biscuits that were packaged and labeled under the name "Finn Lilly". The "Finn Lilly" biscuits were sold at the West Valley Holiday Fair on Dec. 3<sup>rd</sup> and 4<sup>th</sup>. We made \$120 dollars and all our profits were donated to the Humane Society of Silicon Valley in Milpitas.

Here's a sample breakdown of what a large or even a very small donation can do to help our friends at HSSV.

- \$1 Buys food for a dog for a day
- \$5 One vaccine for an animal
- \$25 Helps foster a litter of kittens
- \$50 Educates 5 students on animal kindness
- \$100 Neuters 3 male cats
- \$250 Helps provide emergency care for a homeless animal

## **Ring the Bell**

by Kyle Geringer

On Sunday, December 12<sup>th</sup>, Dustin and I rang the Salvation Army Bell in front of Walgreens in Los Gatos for El Sereno 4-H Club.

As a club we were there December 5<sup>th</sup> and 12<sup>th</sup> taking 1 hour shifts. At first, we were not too sure about doing this. What were we doing? Why were we doing it? Then, Mrs. Raaymakers gave us the little red bells and told us what to do. All we had to do was ring the bell and say "Thank you or Merry Christmas". It was a lot of fun. We raised a lot of money for Salvation Army. We had a chance to read about the kettle and how it got started.

Captain Joseph McFee wanted to feed the poor here in the bay area but could not afford to. He lay awake for nights thinking and praying about how to do it. Then one night he remembered how, in England, boats came in, there was a large, iron kettle called "Simpson's Pot" into which passers-by tossed a coin or two to help the poor. The next day he went to Oakland Ferry Landing he put sign that read, "Keep the Pot Boiling." He soon had the money to see that the needy people were properly fed at Christmas. That is how the Red Kettle Campaign was started, but there is more to this story. You can read it at [http://www.salvationarmyusa.org/usn/www\\_usn\\_2.nsf/vw-text-dynamic-arrays/4517219C16BEE8F8802573F50056F031?openDocument](http://www.salvationarmyusa.org/usn/www_usn_2.nsf/vw-text-dynamic-arrays/4517219C16BEE8F8802573F50056F031?openDocument) I found it really interesting how the red kettle now does so much more! Please come and help us next year!



### **Thank You Gilroy Grange**

*By Lauren Pauley*

Adams 4-H projects worked for months making gifts for The Gilroy Grange's Christmas dinner. Each project made an item that represents that project. For example, the Rabbit project painted rabbit themed ornaments, the Advanced Arts & Crafts project made scented soap and Food Preservation made pepper jelly! The gifts were collected and divided into baskets for each grange member. There are sixteen members! The baskets were handed out by the 4-H'ers during the dinner. 4-H'ers also help to serve dinner and visit with the members. This year, my brother, Ryder and I brought our record books to share some of the awesome things we have been doing in 4-H.

The Grange is a great support to our community and Adams 4-H Club. This is one way we get to say "THANK YOU GILROY GRANGE!"

Members of the Coyote Crest 4H Club went caroling on December 22<sup>nd</sup> 2010 at Pacific Hills Manor in Morgan Hill. We sang many songs and we saw a lady who was 101 years old and asked for more songs. The group seemed to like it.

~Santiago Piva



## Thank you to the Awards Night Committee!!

If you couldn't attend this year's event, I hope you can make next years. The amount of county youth earning project proficiency pins was awesome! It would be great if they could be there in person to receive them. It was a warm and welcoming event. The goodies were yummy! The stage was decorated with beautiful plants. Thank you all for the time put into honoring our youth and adults in the 4H program.

Sincerely,  
Vaughn Marie Rodriguez

## Hello 4H Youth and Parents!

Rolling Hills 4H Club will begin their steer project meetings in January 2011!

If you are interested please contact Project Leaders Linda Teagle or Vaughn Marie Rodriguez. We will let you know when the first meeting is scheduled.

Our project is open to anyone in the county interested in steer knowledge and showmanship practice. Age 9 and above!

[vmrffishfamily@hotmail.com](mailto:vmrffishfamily@hotmail.com) (408) 252-5090

## Favorite Foods Day

A great 4-H activity that takes place each year is Favorite Foods Day!

Do you love the Food Channel? Well 4-H has its own version of a young chef completion!

Mark your calendars for March 5, 8 am to 2 pm @ Berger Drive Auditorium.

You need not be in a foods project to enter. Entries may be in one of two categories: Dessert or One Dish Meals.

Each participant will create a theme, place setting and prepared meal item to present to our judges for review. Everyone is a winner here!

This is a fantastic opportunity to participate in a county wide 4-H activity,

The guidebook is available on the SCC4H yahoo group, on the 4H website at

[www.cesantaclara.ucdavis.edu](http://www.cesantaclara.ucdavis.edu) or by emailing [Susanssixpack@aol.com](mailto:Susanssixpack@aol.com) to request one.

Applications are due in February. Watch next months TT for more information.

IF YOU WOULD LIKE TO BE ON THE **PLANNING COMMITTEE** - PLEASE EMAIL Susan Weaver @ [Susanssixpack@aol.com](mailto:Susanssixpack@aol.com)



## Summer Camp 2011

Santa Clara County Summer Camp will be July 12-16th, 2011 at Camp Loma in Watsonville. Summer Camp is a great time to have some fun, make new friends, and sneak in a little bit of learning and leadership along the way. If you are 9 years old by January 1, 2011, we encourage you to come and join the fun.

The Fritz family has posted photos and slide shows from past camps if you would like to get an idea of what camp might be like. <http://scc4h.myphotoalbum.com>

The login is HHHH and the password is clover.

Of course, the best way to find out about camp is to talk to someone who has been to camp.

Applications for Youth Director are available on the Yahoo Group files section and on the 4H website at [www.cesantaclara.ucdavis.edu](http://www.cesantaclara.ucdavis.edu) and are due January 7th. Applications for Staff (7th grade or above and have attended camp at least 1 year) are also available and will be due on February 1.

We also need adults who can chaperon or help out in the kitchen. If you have a lifeguard certification or nursing training we could use you at camp as well.

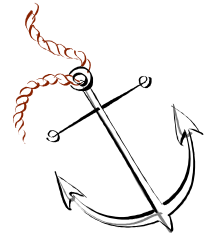
If you have any questions, please email Bob Clemmons at [bobclemmons@yahoo.com](mailto:bobclemmons@yahoo.com)

See you at camp!

## Cruising to 4-H Excellence

Greetings, My name is Matt Harbin and I am conducting the Publicity for the 2011 Western Regional Leaders Forum.

This is an opportunity for current 4-H leaders, past 4-H leaders and alumni from the Western Region of the United States and all of Alberta Canada to network and learn together. This years WRLF will be a historical event so we would like to get this information out to all involved with 4-H and the agricultural community. This will be the first time this event has been held on a cruise ship. The following is a press release from Washington State University Extension 4-H Youth Development Program. If you have any questions please feel free to contact me at 509-935-0419 (home) 509-680-5243 (cell) or Betsy Fradd, WSU 4-H Media Relations, 253/445-4543 (office), 253/241-5043 (cell)



Washington State 4-H State Advisory Board and 2011 WRLF Publicity Chair

WRLF News Release

17 November 2010

### 4-H Leaders Forum to Celebrate Volunteers at Sea

All 4-H leaders, their families, and friends are invited to Cruise to 4-H Excellence to recognize 4-H leader's outstanding volunteer efforts.

The 2011 Western Regional Leaders Forum will be held on the Holland America cruise ship the ms Westerdam. The ship departs Seattle May 7, 2011 and will make stops in Juneau, Hubbard Glacier, Sitka, Ketchikan, and Victoria, B.C. The ship returns May 14.

Having our 4-H Leaders Forum on the ship will provide a great venue for our many workshops, give people time to socialize, and offer educational opportunities to learn about different ports and local attractions.

Charles Johnson, national speaker and executive director of the National Family Life & Education Center, will speak about the value of mentors in the lives of youth.

Speaker David Remson will focus on how multi-generational volunteers can best work creatively and effectively together.

Participants will be able to choose from over 50 workshops, enjoy gourmet food, and take advantage of the ships amenities including the culinary arts center, spa, digital workshop, nightly entertainment, and club rooms for youth and teens.

To learn more about the cruise visit <http://4h.wsu.edu/conferences/2011wrlf/index.html>

## Updates from the CA 4H State Office

- ❖ Are you ready for California or Washington Focus? Enrollment for the 2011 summer programs is due January 10. To learn more go on-line to: <http://www.ca4h.org/Projects/Citizenship/Focus/>. Check with your county 4-H office to see if staff will be entering your registration or if you will be doing it from your own computer. Get ready for a fun, active way to enhance your leadership and civic engagement skills while you meet other 4-H members from across the state and nation? Financial assistance is available. Contact Pat English at: [pnenglish@ucdavis.edu](mailto:pnenglish@ucdavis.edu).
- **California Focus**, June 17 – 21 in Sacramento
- **Washington Focus #1**
  - June 26 – July 4, Road to Democracy - Washington, D.C.; Williamsburg, Jamestown/ Yorktown or
  - June 26 – July 2, Heritage Trail I – Washington, D.C.
- **Washington Focus #2**
  - July 10 – 19, Global Journey - Washington, D.C, Philadelphia, & New York or
  - July 10 – 16, Heritage Trail II – Washington, D.C.

Applications for the District Leader Intern position with the California Focus Program will be available by November 10. Look for the application on line at: <http://www.ca4h.org/Projects/Citizenship/Focus/CF/>. Please let young adults, ages 18 – 25, know about this great leadership experience planning and carrying out California Focus. The dates of the conference are June 17-21, 2011. There will be two training weekends in the spring for staff to come together as a team and develop this year's education program.

- ❖ The **2011 Western Regional Leaders' Forum**, "Cruise to 4-H Excellence!" is planned for **May 7-14, 2011**, and will be held aboard a cruise ship and will be visiting Alaskan and Canadian ports as attendees participate and learn at the many workshops being offered. You can visit: <http://4h.wsu.edu/conferences/2011wrlf/index.html> for more information and registration details.
- ❖ The **State 4-H Fashion Revue** committee has a new event manual for counties, participants, families and judges. You can access it at <http://www.ca4h.org/Programs/Events/SFR/>. The manual explains what SFR is, who may enter, the age divisions and outfit categories, and introduces the rubric scorecards which will be used at the state event in 2011. It is not required for this manual to be adopted by county or sectional competitions, but it is recommended that it be used as the state-wide standard for 4-H Fashion Revues. State Fashion Revue will be **May 28, 2011** as part of State Field Day at UC Davis. We hope counties will be including the \$15 Challenge category in their county events; see the flyer at the same website. For information about SFR or to join the committee, contact Karli Draxler, Youth Chair, at [chat2kd@unwiredbb.com](mailto:chat2kd@unwiredbb.com).
- ❖ **Special Recognition at the 2011 State 4-H Presentation Day. In 2011, California 4-H will offer a thematic recognition pin for youth who participate in State Presentation Day and focus their presentations on one of the following areas: Science, Engineering and Technology, Healthy Living, and Military Youth. Participants may only choose one focus area for their presentation, and the area must be the primary topic of the presentation.**

- ❖ Resources: **Science, Engineering and Technology (SET)**All youth can be scientists! 4-H engages youth in learning about the natural world by using science skills, such as observing, questioning, comparing, relating, inferring, designing and building. This year's focus is on the *natural properties and the human interactions with water*. Presentation topics may focus on the science of water (chemical, physical, biological), water on the earth (watersheds, water cycle, bodies of water), human history of water (water use around the world, transportation, culture, philosophy), the human impacts on water quality and quantity (conservation, pollution), or more. For additional information about 4-H SET, visit [www.ca4h.org/Projects/SET](http://www.ca4h.org/Projects/SET).
- ❖ Resources: **Military Youth: "Speak Out for Military Kids"**  
Speak Out for Military Kids is a special project between the U.S. military and 4-H. Military and non-military youth are encouraged to create presentations that *generate community awareness* of issues faced by military youth when a parent is in the deployment cycle. For more information about the 4-H Military Partnership, visit [www.ca4h.org/Programs/MilitaryPartnership](http://www.ca4h.org/Programs/MilitaryPartnership).
- ❖ Resources: **Healthy Living**  
4-H provides youth with opportunities that will increase the knowledge, skills and adoption of healthy habits. This year's focus area is *injury prevention*. Potential topics may include bullying, bicycling safety, animal and livestock safety, protective equipment (seatbelts, helmets), athletic training (stretching, warming up), hunting equipment, ATV safety, teen drivers, water-related injuries, dating violence, fire safety and more. For additional information about 4-H Healthy Living, visit [www.ca4h.org/Projects/HealthyLiving](http://www.ca4h.org/Projects/HealthyLiving).

University of California

Cooperative Extension

Santa Clara County

4-H Youth Development Program

1553 Berger Drive

San Jose, CA 95112

[http://cesantaclara.ucdavis.edu/Youth\\_Develop](http://cesantaclara.ucdavis.edu/Youth_Develop)



*Office Hours: 8:30 a.m. to 5:00 p.m.  
Monday through Friday*

All meetings and events are open to  
EVERYONE! Please come!

Contact the office for special accommodations for disabled  
persons.

### **TIMELY TOPICS**

*is published through the cooperative efforts of the  
University of California Cooperative Extension and the  
members of the 4H Youth Development Program of Santa  
Clara County*

*Fe Moncloa, Editor  
4-H Youth Development Advisor  
(408) 282-3107  
[fxmoncloa@ucdavis.edu](mailto:fxmoncloa@ucdavis.edu)*

*Jenel Vincze, Design and Layout  
4-H Secretary  
(408) 282-3119  
[jpvincze@ucdavis.edu](mailto:jpvincze@ucdavis.edu) or  
[cesantaclara@ucdavis.edu](mailto:cesantaclara@ucdavis.edu)*

**Deadline for articles is the 15th of each month**

### **4-H Calendar**

#### **January 2011**

- 1/8** 6<sup>th</sup> Grade Conference  
Berger Dr Auditorium  
11:00 am to 3:00 pm
- 1/8** 4H Behind the Scenes  
Adult Workshops  
Calvary Church, Los Gatos  
4:00 to 8:00 pm
- 1/11** 4-H Council Meeting  
Berger Drive Auditorium  
7:15-9:00 p.m.
- 1/28-30** C.A.L. Conference  
Walker Creek Ranch

#### **February 2011**

- 2/4-6** Leadership Overnight (LON)  
Walden West Science Center  
Apps Due 1/10/11
- 2/12** County Presentation Day  
Berger Drive Auditorium  
10:00 am to 3:00 pm  
Registration Due 2/2/11

#### **March 2011**

- 3/5** Favorite Foods Day  
Berger Drive Auditorium  
8:00 am to 2:00 pm

**For more information on these  
and other upcoming 4-H events  
visit us at**

**<http://cesantaclara.ucdavis.edu>**

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 300 Lakeside Drive, 6<sup>th</sup> Floor, Oakland, CA 94612-3550, (510) 987-0096.