



Timely Topics

March, 2011



*The newsletter of the University of California
Cooperative Extension 4-H Youth Development Program,
Santa Clara County*

*Mission: The University of California 4-H Youth and
Development Program engages youth in reaching their fullest
potential while advancing the field of youth and development*

Head, Shoulders, Hands and Toes...

Kaylie Williams
Adams 4H.

That's what Adams 4H warmed with an amazing turnout of donations of hats, jackets, scarves, sweat shirts, sweaters, blankets and socks for the Gilroy Homeless Shelter located at the Armory. The donations filled the back of the Bozzos' truck and the Williams' van.

Kaylie Williams, Outreach Chairperson wants to send a HUGE thank you to our club for "Doing Good in the Neighborhood!" Great job Adams!

Dog Project Meeting

By Rebecca Call

In January, El Sereno dog project went to the vet for a meeting to learn about dogs. We learned that you should brush your dog's teeth once a day, we looked in a microscope, we listened to a dog's heart, we looked in a dog's eyes, and we learned about stuff dogs have eaten like a razor, a whole bath towel, and cat toys. We also learned about fleas, tape worms, and ticks. There were other animals at the vets, like a parrot called Cherry that bobbed her head when we bobbed our heads. There was also a snake and a dog.



Rabbit Project Report

By Alysia Call

Because El Sereno no longer has a rabbit project, I now go to Coyote Crest for it. Our leader is very good. Last meeting, we talked about different rabbit breeds and rabbit body types. The body types are Compact, Commercial, Cylindrical, Semi Arch and Full Arch. We all were given different breed cards and sorted them into their body type. Some examples of Compact breeds are Holland Lop and Netherland Dwarf. Some Commercial breeds are French Lop and Californian. The only Cylindrical breed is the Himalayan. Some Semi Arch breeds are American and English Lop. And some Full Arch breeds are Tan and Belgian Hare.

After all that we did our rabbit proficiencies. I did two. I showed how to safely get a rabbit out of a carrying cage and handle it and I did name and describe seven rabbit breeds. I did Holland Lop, Netherland Dwarf, Dutch, Himalayan, American Fuzzy Lop, Mini Rex and Harliquin. The meeting was fun, until I made the mistake of deciding to relax after my proficiencies and hold my Holland Lop rabbit, Delilah. She all at once decided to run up me onto the table, leaving me scratched up. Lucky I trimmed her nails a few days ago!!!

The Coyote Crest rabbit project is very fun and worth joining. Sometimes we meet at the leader's house and sometimes we meet at a park nearby. It is always interesting and I plan to do this project for a long time.



Presentation Day!

By Lauren Oliver
Pleasant Acres

On Saturday, February 12th, the Santa Clara County 4H held Presentation Day for 4H'ers from all of the county's clubs. This was where you make a speech about anything you want and present it. Everyone received a certificate for participating. I heard many speeches, from tap dancing to cooking to making cereal to Legos! It was a very fun experience for me, and it was my first time. I demonstrated how to make Honeybun Cake, one of my favorites. I enjoyed it so much, I recommend it to all 4H'ers of all ages! Hope to see you there next year!

U.C. Davis Goat Day

By Norah Havlice
Homesteaders

Hi. My name is Norah. I went to Goat Day in U.C. Davis. I went to something that talked about goat stomachs and some of the differences between a human and a goat. One of the differences is that our teeth are different. Another one was that we only have one compartment in our stomach but goats have four. They are called the rumen, the reticulum, the abomasum and the omasum.

I also went to a lecture about kidding. I remember one of the problems. If the rear end is coming first and the head's turned back that's a problem. You have to push it back and try to adjust it.

I also went to an ultrasound. It was cool because you could see the baby inside the goat before it was born.

I had fun and that's what I did at U.C. Davis Goat Day.



TechXcite

By Darrick Oliver
Pleasant Acres

At the TechXcite program in Watsonville, the day started when we were given some miscellaneous parts and told to make vehicles that were rubber band powered, ramp powered, and then balloon powered. We made a spool car. You may be thinking: What in the world is a spool car? Well, in simple words, a spool car is a spool with a rubber band connected with a nail that goes through it, and has a toothpick at the other end. So, when you wind the nail up, the rubber band gets twisted inside the spool and it rolls. We modified the spool to have 3 rubber bands, and it went WAY faster.

On the rubber band powered car, we made a release mechanism that would throw the rubber band off of the car when it was finished using the energy from the rubber band. When we made the ramp powered car, we made a body that was close to the ground, and wouldn't flip over when it raced down the ramp. The balloon car was the most difficult. We made a huge body on the car that would fit the balloon. Then, we had to tie a rubber band around the balloon to make it release enough air to make it move, but not too much. This took many tries (mostly fails) to find the correct amount of air to release while in motion.

I learned how to make cars that actually work, and how to experiment with parts. Through trial and error I actually made good cars. I'm hoping to go again next year!

Goat Day at UC Davis

By T.J. Suit

Goat day this year was so much fun it was my first year going to it so I don't know what the other years were like. But this year was fun. There were a lot of different speakers from all over the state. After all the speakers spoke we had lunch and then when to the UC Davis goat ranch we saw bucks (male not castrated goats), Baby goats, meat goats and a bunch of other types of goats after. We saw the ranch we went back to the auditorium and went to different stations like disbudding and castration, anatomy, kidding, and other stuff it was really fun. If you are in any goat projects I think you should go to it next year.

Do you like to play video games?

Pleasant Acres is excited to announce our first

County Gaming Event

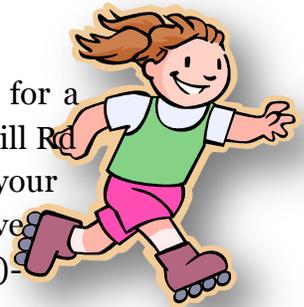
March 19th 6 p.m. to 10 p.m.

Berger Drive Building 2

More information coming soon!

Questions: Contact Matt McClintock (Event Chair)
mmcclintock@sfhs.com

Come all 4-H'ers and family to join us on March 26 from 3:30-5:00 for a roller skate event. This will be held at San Jose Skate at 397 Blossom Hill Rd in San Jose. Come have fun listening to music and skating with your friends. Admission is \$8 and inline skates are an extra \$3. If you have any questions please contact Kathryn Green, San Martin 4-H at (408)-847-2610.



Hope to see you there!



SANTA CLARA COUNTY 4-H FASHION REVUE - FASHION CENTS

WHAT IS FASHION REVUE? It is an event that encourages members to focus on their personal appearance and their sense of style and fashion. Yes, it is for all 4-H members: girls, boys and clovers! Its primary purpose is to build self-confidence in young people by helping them find the style that suits them best and work on grooming, posture and stage presence. Members may purchase an outfit or sew a garment for the event. The sewn category may use new fabric or the recycling of an old garment into a new one. This year's challenge is to use consumer science skills while showcasing creativity and keeping to the \$15 limit for the entire purchased outfit (excluding sales tax and shoes).

Fashion Revue Date: April 30, 2011

Application Deadline: April 8, 2011

Time: Registration 9:30 AM/Judging 10:00 AM

Where: Calvary Church, Los Gatos

Here is a list of Resources from the County Ranch Committee Chair, Mary Bartlett. The next County Ranch Committee meeting is **Tuesday April 19th**, 7:00 pm. This meeting will be in Room 181, outside of the cafeteria at the Berger Drive auditorium, 1555 Berger Dr. Bldg 2, San Jose, CA 95112

Santa Clara County 4-H Ranch Committee				01/01/11			
County Ranch Committee Chair							
Mary Bartlett							
408 354-9934hm							
mbart800@hotmail.com							
408 674-3491cell							
Large Animal Chairs and Resources							
County Lg. Animal Chair							
Hans Toensfeldt							
408 202-2009							
hanstoensfeldt@gmail.com							
Dairy Goats	Dairy Cow	Horse	Meat Goats	Sheep	Beef	Swine	Pack Goats
Sarah Pence		Sally Miller		Sarah Fontana	Jim/Nadine Duarte	Vince/Carly Revino	
408 685-8115		408 274-2359		408 683-0192	408 251-7492	408 272-0500	
CraazyCowGurl1007@gmail.com		MillerDelux@aol.com		HurleyGirl8101@aol.com	DCLimos@aol.com	Crevino@PeoplePC.com	
Jill Bright							
408 561-9648							
ChipnJill@yahoo.com							
Small Animal Chairs & Resources							
County Sm. Animal Chair	Cavy	Dog	Poultry	Pygmy Goat	Rabbit		
Hohn Haggerty	Laurie Lash	Lori Clemmons	Linda Teagle	Linda Teagle	Laurie Alaimo		
408 867-6859	408 778-3267	408 366-1066	408 253-6580	408 253-6580	408 445-2672		
ijreality@netscape.net	laurielash@aol.com	lloriclemmons@yahoo.com	Teag48@aol.com	Teag48@aol.com	environmom95112@yahoo.com		
Vets							
Tri County	Granite Creek Vet.	Live Oak Vet. Hospital					
Dr. Seals	Kristin Wallace	Jeanne Haggerty-Arcay					
	831 515-5657	16025 Vineyard Blvd.					
	www.granitecreekvet.com	Morgan Hill, CA 95037					
		LiveOakHospital.com					
		408 779-4010					

If you have any resource you want added to this list, please send it to Mary Bartlett at mbart800@hotmail.com

The **2011 National 4-H Shooting Sports Instructor Training Workshop** is scheduled for May 15 – 20 at the Iowa 4-H Center in Madrid, Iowa. The co-host states of this event are Iowa and Minnesota. Attendance and successful completion of this workshop certifies an individual to be a California 4-H Shooting Sports State Instructor.

State Instructors are part of the team that put on shooting sports trainings throughout the state. It requires an established commitment and a recognized ability to be a State Instructor. This year California will be able to provide financial assistance of \$750 to three individuals selected to attend this training.

Priority will be given to the following individuals:

- 1) Individuals recommended by the local 4-H staff as having a record of contribution to the shooting sports program locally
- 2) Individuals willing to provide a written plan of when and where they will host their first training when they return from the workshop
- 3) Individuals from regions that are lacking instructors

Please contact me with the names of any individuals you recommend for this program.

John Borba
4-H Youth Advisor/Interim County Director
UC Cooperative Extension - Kern County
(661) 868-6216

PRESS RELEASE
California 4-H Youth Development Program
2011 International Exchange
One-month Summer Hosting Program

California 4-H is looking for families who would like to host an international student in their home for one month this summer. The international students range in age from 12 and 19 and come from Costa Rica, Japan, and Norway.

Applications are being accepted now. Students are placed in homes with a youth of the same gender and within two years of age. The application provides information to help ensure good placements with families and teens sharing common interests.

You don't need a fancy home or a separate bedroom to host – just a desire to make room in your lives for a new friend. And you don't need to spend a lot of money or time traveling the state – the students are not here as tourists. They are here to live with your family and participate in your normal summer activities. The costs are minimal. The students come with their own spending money and medical insurance.

Please consider offering this priceless educational experience to your family. Teens that participate in exchange opportunities are better prepared for life in a global society. Through this first-hand experience they gain a deeper understanding of another culture and gain insight into the values and lifestyle of their own family and community.

Applications for Norway need to be completed by February 28, Costa Rica by March 30 and Japan by May 1. Placements for the Japan program are on a first-come, first-served basis. For additional information go to: <http://www.ca4h.org/Projects/Citizenship/International/> .

Contact Pat English, California International Exchange Coordinator, at 530-754-8520 or pnenglish@ucdavis.edu for more information.

2011 International Exchange Schedule at a Glance

Costa Rica IB*

Sunday, June 19 Costa Rica delegates arrive in host state
Saturday, July 16 Delegates return to Costa Rica
4-H members ages 14 to 19 are matched with Costa Rican students from the Costa Rica 4-S Program.
Applications are due March 30, 2011

Norway IB*

Wednesday, June 29 Norway delegates arrive in host state
Wednesday, July 27 Delegates return to Norway
4-H members ages 14 to 19 are matched with Norwegian students from the Norway 4-H Program.
Application are due February 28, 2011

Japan IB

Twenty (20) Labo delegates are assigned to California
Thursday, July 22 Japanese delegates arrive in host family home
Friday, Aug 18 Japan delegates return to UC Davis
4-H members ages 10 to 18 are matched with Japanese students from the Labo Program the same gender and within 2 years of age.
Applications are accepted now with placement preference for early applications

Australia OB

Wednesday, June 15 Leave home for Los Angeles.
Wednesday, June 15 – Thursday 16 Orientation in LA
Thursday, June 16 Depart for Australia
Thursday, July 14 Return to the U.S.
Estimated cost is \$4,500 to \$4,900. The final cost will depend on currency exchange and airfare.
Applications are due January 25 with a \$1,500 deposit to *States 4-H International Exchange* and a \$100 deposit to *UC Regents*. An interview with Pat English must be completed before that time.

* A limited number of delegates will travel to the U.S. and be given state/family assignments based on gender, age, and interests by the States' 4-H International Exchange administrative office.



4-H Updates E-News March 2011

Welcome to the March 2011 issue of 4-H Updates E-News.

You may access the PDF document at <http://www.ca4h.org/files/76423.pdf>

This 4-H Updates E-Newsletter will be posted on the public website a week from today at <http://www.ca4h.org/News/>.

4-H Science, Engineering, and Technology E-News March 2011

California 4-H is pleased to share our most recent 4-H Science, Engineering, and Technology E-News.

Please access the PDF document online at <http://www.ca4h.org/files/77713.pdf>

The E-News will also be posted on the public website a week from today at www.ca4h.org/News.

Healthy Living Monthly Update March 2011

California 4-H is pleased to share our most recent Healthy Living Monthly Update. This update features health-related news and opportunities designed to spark a love for healthy living in our youth, families and communities.

Please access the PDF document online at www.ca4h.org/files/78332.pdf.

The Healthy Living Monthly Update will also be posted on the public website a week from today at www.ca4h.org/News.

4-H Calendar

March 2011

- 3/8** 4-H Council Meeting
Berger Drive Auditorium
7:15-9:00 p.m.
- 3/28** Camp Staff Meeting
Berger Drive Auditorium
7:00 pm
- 3/19** SCC Gaming Event
Berger Drive Auditorium
6:00 – 10:00 pm

April 2011

- 4/2** 2011 Fair Steer Pre-Tagging
SCC Fairgrounds
- 4/8** County Fashion Revue Apps
Due to the County Office
- 4/12** Executive Council Meeting
Berger Drive Auditorium
7:15 – 9:00 pm
- 4/19** Co Ranch Committee Meeting
Room 181, Berger Dr
7:00 pm
- 4/25** 4H Summer Camp Staff Meeting
SCC Fairgrounds
7:00 pm
- 4/30** County Fashion Revue
Calvary Church, Los Gatos
9:00 am Registration

May 2011

- 5/14** Behind The Scenes
Leaders Training Sessions
Watch for more information

***For more information on upcoming
4-H events visit us at
<http://www.ca4h.org/4hinfo/calendar/>***

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Cooperative Extension
Santa Clara County
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San Jose, CA 95112
http://cesantaclara.ucdavis.edu/Youth_Development

Office Hours: 8:30 a.m. to 5:00 p.m.
Monday through Friday

All meetings and events are open to
EVERYONE! Please come!

Contact the office for special accommodations for
disabled persons.

TIMELY TOPICS

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Deadline for articles is the 15th of each month.

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