



hello

# SPRING

"April showers  
bring  
May flowers"



**UNIVERSITY OF CALIFORNIA**  
Agriculture and Natural Resources

4-H Youth Development Program

The University of California Division of Agriculture & Natural Resources (UC ANR)  
is an equal opportunity provider.





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Agriculture and Natural Resources

4-H Youth Development Program

**Santa Clara County**

## Hello from the 4-H Office

**Zubia Mahmood, 4-H Program Community Education Specialist II**

**Susan Weaver, 4-H Regional Program Coordinator, [sjweaver@ucanr.edu](mailto:sjweaver@ucanr.edu)**

**Fe Moncloa, Ph.D., 4-H Youth Development Advisor, [fxmoncloa@ucanr.edu](mailto:fxmoncloa@ucanr.edu)**



## Greetings from the 4-H office!

**It's been a record rainy season  
in Santa Clara County.**

**It has also been a season of wonderful annual 4-H  
events that have occurred in the past couple of months.  
Read on for the recap of the fun and educational activities  
that 4-H'ers in Santa Clara County have been involved in.**

**We send thanks to the dedicated volunteers that have  
generously provided their time, support, and evaluation to  
ensure our 4-H events are successful.**

**And, there are more events to come!**

**May 13**, Youth Leadership Conference for 4-H members ages 10 - 13

**May 25**, 4-H Recognition Banquet, for 4-H members, volunteers, and families

**May 27**, State 4-H Field Day, U.C. Davis, Wellman/Hart Hall

**June 10 -14**, 4-H Summer Camp, 9 & up

**June 13**, 4-H Clover Day, 5-8

**Santa Clara County Fair**, July 26th - August 6th

*Read along for more information about how to  
register for these great 4-H events!*



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## Tik-Tock! 4-H online enrollment

If you have NOT completed your 4-H enrollment,  
you are NOT eligible to participate

Not sure what you're missing in your enrollment?

Please refer to the infographic below or email [zmahmood@ucanr.edu](mailto:zmahmood@ucanr.edu)



### Santa Clara County How to Enrollment Guide: New and Returning Youth and Volunteers

New Youth Members	Returning Youth Members	New Adult Volunteers	Returning Adult Volunteers
<ul style="list-style-type: none"> <li>A laptop or desktop is recommended.</li> <li>Select a <a href="#">local club</a> and connect with the community club leader(s) to learn more about the club and project offerings.</li> <li>Create a "Family" profile on <a href="#">4-H Online</a> or join a "Family" that already exists if you are a younger sibling/family member.</li> <li>Sign-up for the project(s). You can add/update throughout the year.</li> <li>Pay annual 4-H <a href="#">enrollment fee online</a> by credit card. Fill out the <a href="#">fee waiver form</a>.<sup>1</sup></li> <li><i>Individual 4-H clubs, ranches and projects may collect an approved assessment for operating expenses. Fee waivers are available by request.</i></li> </ul>	<ul style="list-style-type: none"> <li>Login to the "Family" profile on <a href="#">4-H Online</a> using previous family profile email &amp; password (do not create a new profile).</li> <li>Teens who would like to receive 4-H emails directly are encouraged to add THEIR contact info on their individual profile in <a href="#">4-H Online</a>.</li> <li>Sign-up for project(s). You can add &amp; update throughout the year. Update any information that has changed (remove projects and clubs you are not part of this year) and re-enroll.</li> <li>Pay annual <a href="#">enrollment fee online</a> by credit card or indicate if you are seeking a fee waiver on the payment survey.</li> <li><i>Pay club directly for any additional fees.</i></li> </ul>	<ul style="list-style-type: none"> <li>A laptop or desktop is recommended.</li> <li>Complete <a href="#">4-H Volunteer Interest Survey</a>.</li> <li>Create an adult volunteer profile on <a href="#">4-H Online</a> or join your "Family" that already exists if your family already has a profile.</li> <li>Complete eXtension training: <a href="#">2022-2023 California New Volunteer Course</a> (Spanish version). Check your email from 4-H Online for Santa Clara County password.</li> <li>Complete fingerprint requirement by <a href="#">scheduling an appointment</a>. Complete "Applicant Information", print and take to your appt. Here is an <a href="#">example form</a>.</li> <li>Pay the annual family <a href="#">enrollment fee online</a> by credit card. If your children are enrolled, <b>do not</b> pay another family fee.</li> </ul>	<ul style="list-style-type: none"> <li>A laptop or desktop is recommended</li> <li>Update the adult volunteer profile on <a href="#">4-H Online</a> using previous family profile email &amp; password (do not create a new profile). Re-enroll and remove projects &amp; clubs you are not part of this year.</li> <li>Complete eXtension training <a href="#">2022-2023 California Returning Volunteer Course</a> (20 mins). Check your email from 4-H Online for SCC password.</li> <li>Pay the annual family <a href="#">enrollment fee online</a> by credit card. If your children are enrolled, <b>do not</b> pay another family fee.</li> <li>If you have not previously, please complete the <a href="#">4-H Volunteer Interest Survey</a>.</li> </ul>

You will receive an automated email after you enroll in 4-H Online stating that "enrollment has been submitted" and "is not yet complete."  
You will become "ACTIVE" once all enrollment steps are completed.

**Pro Tips**

- When completing your 4-H online screening ?'s, be sure to answer #4 with CA (or other state). **DO NOT** enter your whole driver's license # or it will be returned to you.
- Contact information in 4-H Online is how the county 4-H office knows how to reach you. Please make sure this information is accurate.
- Only one family member can use the same email as the family profile email (the one used to log into 4-H Online) – update all of your member's email address.
- Volunteers should indicate if they are a project leader in 4-H Online. This is how the report is generated to communicate to project leaders & submitted to the Fair.
- Returning Volunteers are covered by UC insurance through Dec 31, 2022. After Jan 1, 2023, you are no longer protected by UC unless you re-enroll.



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1 For reduction or waiver of youth enrollment fees, please fill out the [fee Waiver Form](#).  
2 To view this infographic online, visit <http://ucanr.edu/4HEG>

Information and instructions for enrollment  
are on the "How to Join" page of the 4-H website.

### 2022-2023 Annual Enrollment Fees

One Youth & family fee = \$120.

Two Youth & family fee – \$200.

Three Youth & family fee – \$280.

Four Youth & family fee – \$360.

Adult Volunteers, no fee

Youth Enrollment Fee Waiver request is available.

New members may  
join at any time.  
Approved enrollment  
is **required** for  
participation in  
4-H projects for the  
program year of  
July 1 – June 30.  
There is a grace period  
for re-enrollment that  
extends to December 15.



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# Favorite Foods Day

March 4, 2023



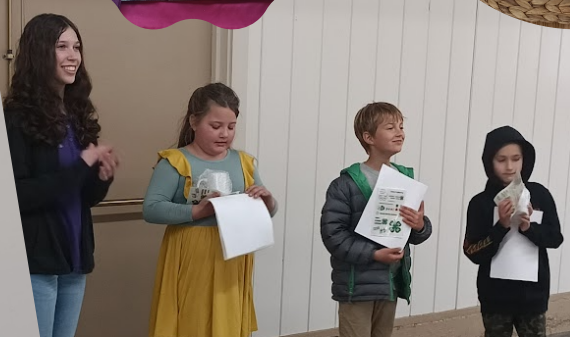
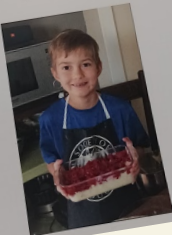
Red Berry Tiramisu  
(caffeine free)

#### Ingredients

- 1/3 white sugar
- 3 eggs
- 1c mascarpone
- 10 ladyfinger cookies
- 3c frozen berries

#### Steps

1. Break up the ladyfinger cookies into 4 pieces for each cookie.
2. Separate the white and the yolk of the three eggs and put them in separate bowls.
3. Mix the 3 yolks until they are blended, then stir in the sugar.
4. Mix the white up until it thickens into peaks and add the mascarpone.
5. Now stir the two blends together.
6. Assemble the three blends in layers alternating berry, cream, and cookies.



Thank you to our FFD event coordinator, Colleen Alger, the supportive parents, volunteer evaluators and our County 4-H Ambassador, Malia for presenting awards.





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# Favorite Foods Day

## Congratulations



to all of our participants  
And the awards go to...



**Christi Johnson**  
**Emma Johnson**  
**Emily Dougherty**  
**Zunairah Khan**  
**Thomas Mahan**  
**Maya Krishnaswamy**  
**Zara Krishnaswamy**  
**Peyton Hicks**  
**Jessica Heneghan**  
**Jewel Heneghan**  
**Kieran Heneghan**  
**Kara Nishioka**  
**Robin Le**  
**Duke Le**  
**Logan Le**  
**Jude Swan**  
**Rhedyn Arnett**  
**Elizabeth Tiscareno**  
**Brandon Wong**





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# 4-H Presentation Day March 11, 2023

*Congratulations to all the Participants!*

A big thank you to our event coordinator,  
Laura Tiscareno, and to the volunteers and evaluators!





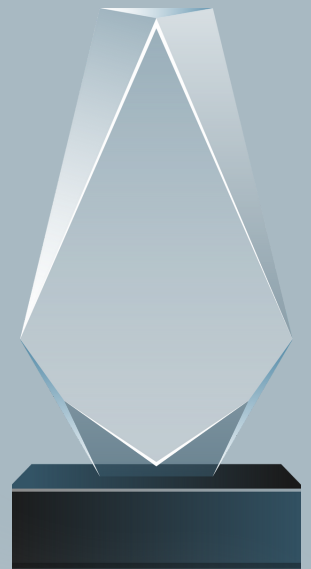
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*Presentation Day Awards!*

**Kyle Le**  
**Emilee Gonzales**  
**Ekarna Banerjee Sinha**  
**Brian Rosenthal**  
**Duke Le**  
**Saiesha Varad**  
**Aiyanna Brown**  
**Jocelyn King**  
**Katelyn Tsai**  
**Kiah Brown**  
**Logan Le**  
**Nicola Field**  
**Mihika Uttanchandani**  
**Nathan Tiscareno**  
**Robin Le**  
**Zunairah Khan**  
**Elsie Tiscareno**  
**Nathan Matthews**  
**Maxwell Brown**  
**Xavier Brown**



*Congrats!*



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# 4-H Leadership Overnight

The annual 4-H Leadership Overnight Conference (LON) was held on March 24-26. 4-H members 12-18 were invited by the Santa Clara County 4-H Ambassador team to the Walden West Conference Center in Saratoga where participants enjoyed panel discussions, interactive games, and inspiring speakers. 4-H'ers met new friends from Santa Clara, San Mateo, Contra Costa, and Alameda Counties. They learned about balancing responsibilities, using group games effectively, utilizing resources, service learning, the world of veterinary medicine, time management, and the secret 4-H sauce for success. Thank you County 4-H Ambassadors, Malia, Kyle, Nik & County Ambassador II, Anna. We are also grateful for the County Ambassador Advisors, Louise Jacoby & Colleen Alger and the adult chaperones. We send special thanks to our speakers, the State 4-H Ambassadors, Ashley Jordan, Curtis Ullerich, Jeanne Haggerty-Arcay, Kyle, Nik, Malia & Anna, Susan Weaver, and our key note speaker, Rita Bosworth.





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*friends  
Old  
and  
New*

# Leadership Overnight

*DO  
APPLY  
REFLECT*





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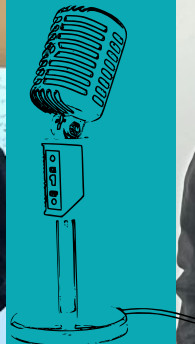


Thank you  
chaperones,  
County Ambassadors,  
and advisors!

*Thank you to all the inspirational Speakers!*



Head  
Heart  
Hands  
Health





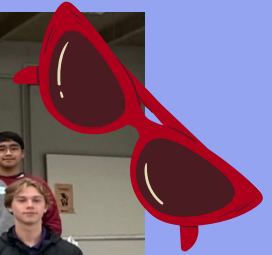
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# Congratulations to 4-H'ers who took part in Fashion Review

FASHION REVIEW



Thank  
you!

to event coordinator, Serena Flores.  
Thank you to Nadine Duarte & helpers  
who were able to make drawstring bags for  
participants, AND thank you evaluators!



Congratulations to:  
Thomas, Jasmine, Ellie, Eiya,  
Paxton, Sunit, Zunairah,  
Damian, Joseph, Rebecca,  
Zara, Nicola, Rachel, Maya,  
Payton, Rhedyn, Sunit, Robin,  
Oliver, Lily, Zoey, Rhedyn,  
Jocelyn, Kaylee, & Gabriella





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**We are looking for youth & adult volunteers  
to help with an outreach activity at  
"Science Polooza" on Saturday, April 22, 2023  
Please let us know if you are interested, [zmahmood@ucanr.edu](mailto:zmahmood@ucanr.edu)**

Synopsys  
OUTREACH  
FOUNDATION  
presents



CELEBRATING ALL THINGS STEM

**SATURDAY, APRIL 22ND**  
**@ SAN JOSE STATE UNIVERSITY**  
engage, explore, and experience  
STEM pathways at SJSU  
& beyond



**WE WOULD LOVE FOR YOU TO HOST A BOOTH!**

- Engage with 500 San Jose students, families, partners, and SJSU volunteers
- Host a hands-on activity exploring a facet of STEM - please note everything must be offered free of charge
- Provide information about your organization, promote opportunities you offer, or share your passion and path to STEM
- Build community with your team or club by bringing volunteers to host your booth
- Ready to register? [Sign up here](#)

Have questions or need an activity thought partner?  
Reach out to Lauren at [lauren@outreach-foundation.org](mailto:lauren@outreach-foundation.org)



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# Youth Leadership Conference

## 4-H Members ages 10 - 13

# Registration Coming Soon!

The Youth Leadership Conference is a place where you can have fun while learning, and building leadership, citizenship, and teamwork skills to become a more engaged member in your 4-H club, county, and state.



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# SAVE *The* DATE

## Youth Leadership Conference

### MAY 13, 2023

### Ages 10-13



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# **4-H Recognition Banquet**

## **RSVP - Registration Required**



*You are cordially invited to the*  
**4-H Recognition Banquet**

- *Honoring the retiring & incoming  
County 4-H Ambassador Teams*
- *Honoring our dedicated & talented  
Adult 4-H Volunteers*

**Thursday, May 25th, 2023**

**5:30 pm Socializing, 6:15 pm Dinner & Program**

**1555 Berger Drive, Bldg. 1, San Jose, CA 95112**

**Attire: dressy casual**

**RSVP to attend Banquet**

**This event is a fun time for the whole family.**

**Dinner will be provided for 4-H members,  
volunteers, and their families. RSVP required**



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# SAVE THE DATE FOR 4-H SUMMER CAMP!



## SAVE THE DATE - JUNE 10 -14

# 4-H SUMMER CAMP 2023

"BOARD GAMES CAMP!"

FELTON, CA

AGE REQUIREMENT: MUST BE 9 YRS OLD BY JUNE 10, 2023

REGISTRATION OPENS APRIL 10TH



VISIT THE 4-H BOARD GAMES CAMP WEBSITE  
<https://tinyurl.com/4hcamp23>



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## MAKE A DIFFERENCE - DONATE TO 4-H CAMP

# MAKE A DIFFERENCE, DONATE TO 4-H CAMP

By donating to **Santa Clara County 4-H Camp** you make it possible to offer camp to the youth of Santa Clara County!



Use your employers  
matching grant program to  
**double your donation!**

**DONATE NOW**

Designate **Santa Clara County**  
& add **4-H Camp** to the  
comment box.

**Donate  
today!**

What your donation  
helps with...

- reduced fees
- healthy meals
- camp supplies

**CAMP**

**2023**





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# COUNTY FAIR 2023



We are excited to announce the dates for next year's Fair! The fair will be running for 10 days from July 26th through August 6th—closed on July 31st and August 1st. More information and opportunities will be announced very soon, so stay tuned!

**For updates,**  
**visit the Fair**  
**website here.**





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## 4-H BRANDING 101



4-H Emblem

The four-leaf clover is the official 4-H emblem.  
The 4-H name and emblem is a federal mark with protections and standards that exceed that of trademarks and copyrights, like the Presidential Seal.

### Using the 4-H Name

When using the term "4-H" it is to be written as the numeral **"4"** *separated from a capital "H" with a hyphen.*

#### Note:

- Most style manuals will specify not to start a sentence with a numeral; try not to start a sentence with "4-H".
- The elements of the 4-H name should not be separated at the end of sentences.
- The 4-H emblem may NOT be used in place of the word "4-H".
- The 4-H emblem may NOT be used to replace an individual letter within a word.

#### TIP:

You can also refer to 4-H youth as "4-H'ers". Always use an apostrophe after "4-H" when this is used.

#### Overall guidelines:

- The "18 U.S.C. 707" mark must be included with the clover image.
- The 4-H emblem cannot be used in place of words or letters in a word.
- Do not rotate or reverse direction of the clover.
- Do not cut off or cover the 4-H emblem.
- The background should be a solid color.
- The color of the clover must be PMS 347 Green, Black, or White. No other colors are allowed.
- Black clover: H's should be white.
- White clover: H's can be black or PMS 347 Green.
- EXCEPTION: H's can be transparent for one-color printing onto a solid background.



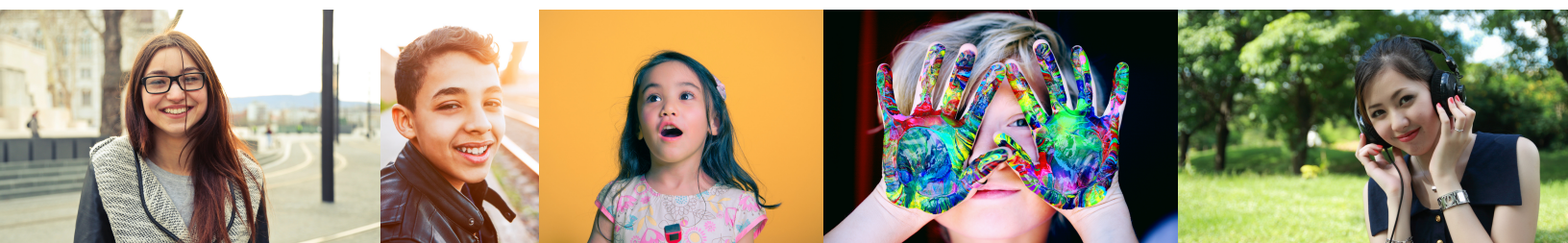
For more details, please see the [\*\*4-H Branding Guidelines\*\*](#)



## Welcome to the 2022-2023 4-H Program Year!

**Below are some links to some of the many resources available to assist 4-H members, volunteers and families to "make the best better" in 4-H.**

- **UC 4-H Guidebook for families:** This guide is for ALL families in 4-H in California.
- **4-H Clubs in Santa Clara County:** All clubs are meeting virtually at this time.
- **Online Learning Resource Page:** For 4-H families and community partners.
- **CA 4-H Grown at Home:** 4-H activities families can do from home, either online or offline.
- **CA 4-H Virtual Toolbox:** Guidance and Tips during the COVID-19 pandemic for current 4-H members, volunteers and families.
- **4-H Grows True Leaders:** In 4-H, you can practice leadership skills in a variety of roles. Learn more about Leadership in 4-H.
- **Project Sheets:** Thinking about planning a project/activity? Here you will find great resources. To apply to lead a project, please view the [project proposal page](#).
- **4-H Record Books:** The 4-H program has a long history of record keeping. The focus reflects the importance of this life skill in our daily lives. Completing a 4-H Record Book is a process where you record project and club work using a standard format.
- **4-H Branding Toolkit:** When creating event flyers, t-shirts or posters, this is handy info.
- **Creating a 4-H Resume:** A resumé is an opportunity to show your strengths, skills, talents and creativity. A 4-H resume is a way to keep track of your accomplishments.
- **Shop 4-H:** The official source for 4-H pins, record book covers, club supplies, apparel, and educational curriculum. When you shop with our link, 5% of your total purchases support California 4-H programs!





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facebook.com/SCC4H



@scc4h

**TIMELY TOPICS** is published through the cooperative efforts of the University of California Cooperative Extension 4-H Youth Development Program staff, 4-H volunteers and 4-H members of Santa Clara County.

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WHAT IS YOUR 4-H STORY

**SUBMIT  
YOUR ARTICLE  
FOR THE  
TIMELY TOPICS  
4-H NEWSLETTER TO**

zmahmood@ucanr.edu



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UCCE Santa Clara County 4-H Office , 1553 Berger Drive, Bldg. 1 , San Jose, CA 95112

Check out our website for more updates and resources:

[http://http://cesantaclara.ucanr.edu/Youth\\_Development](http://http://cesantaclara.ucanr.edu/Youth_Development)

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